FIELD & FORK
CAMPUS FOOD PROGRAM
UNIVERSITY OF FLORIDA

Get Involved Field & Fork

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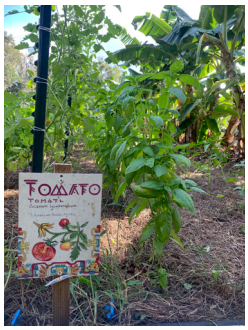
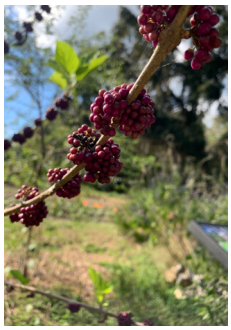
Student involvement in Field and Fork is extremely important. Without students, the garden would not operate efficiently, and fresh vegetables and fruit would not be donated to the campus food pantry. Mia Acker, an undergraduate student interning in the Field & Fork program states, "volunteers must have the will power to get things done." Volunteers do tasks like pull weeds and plant crops around the garden. Ethan Weinrich, also an undergraduate intern states, "students must be able to prioritize what needs to be done first and what can wait."

Students involved in Field and Fork will gain knowledge on farm operations, and will learn how to work effectively as a team. Many skills are acquired as students work their way through different aspects of the farm. Field & Fork is an open facility where volunteers have the freedom to work without direct supervision. According to Mia and Ethan, "The volunteers really are the heart and soul of our operation."

Field and Fork has been thinking about starting up a volunteer system/marketing technique to get more of the community involved. They want to leave an impression on their volunteers that will make them excited about coming back to help in the future.

Field & Fork stays pretty busy year-round, as classes and faculty come out to see what's taking place in the garden. The garden is also a great place for students to get community service hours. For students wanting to become more involved, visit fieldandfork.ufl.edu.

"The Farm and the Gardens are a great place to learn the art and science of growing your own food." -Mia Acker